

JESSICA FREDRICKS

DRUMBEAT USA MASTER TRAINER

Education

Florida Southern College, Lakeland, FL
Bachelor of Music Education 1998

Work Experience

DRUMBEAT Master Trainer 2017

DRUMBEAT Facilitator 2014-present

Director, Rhythm Trek LLC 2012-present
Teambuilding, leadership and wellness training for individuals and organizations. Our mission is to inspire, empower and motivate people so they can do the same for others. www.PlayWellWithOthers.org

TRST Fine Arts Coach, Polk County School Board, Bartow, FL 2014-present
Provide teambuilding workshops for schools, STEAM programs, lead DRUMBEAT groups and also manage DRUMBEAT Facilitators at 20 different schools

Music Specialist,
Bethune Academy K-5 magnet school, Haines City, FL 1999-2014

Certifications

DRUMBEAT Master Trainer 2017
Certified to train professionals in the DRUMBEAT program

DRUMBEAT social-emotional learning program 2014
Accredited Facilitator with more than 500 hours of program delivery

HealthRhythms group empowerment drumming, certified 2016
Certified facilitator

World Music Drumming, certificates for Level 1 and Level 2 2011 – present

Publications and Papers

'Activate with Rhythm!' Teacher resource book detailing how to use rhythm to engage 100% of students in classrooms from pre-K to 12th grade, available from Rhythm Trek LLC	2015
'Play Well With Others' Interactive writing and character development program that uses the twin tools of metaphor and rhythm to engage students in grades 3 through 12, available from Rhythm Trek LLC	2014
'Some Things, You Can Teach' Essay, selected for publication in the book Pass/Fail, published by Red Sky Books	2001

Conference Presentations

2017: DRUMBEAT: Florida Arts Alliance Conference

2016:

'DRUMBEAT: A Closer Look' - Drum Circle Facilitator's Guild Conference, Myrtle Beach, SC

'The Rhythm of Leadership' - Florida Alliance for Arts Education Conference, Orlando, FL

'Move, Engage, Laugh & Learn' keynote - Uniting for Children Conference, Leesburg, FL

2015:

'STEM: Activate with Rhythm!' - Florida Head Start Association Conference, Orlando

'Teambuilding Techniques' - Florida Music Educator Association Conference, Tampa

'STEAMing up your Music Room' - Florida Music Educator Association Conference, Tampa

'The Rhythm of Leadership' keynote - Salisbury-Rowan Community Action Agency, SC

2014:

'Listen, Move, Engage, Learn!' - Florida Association for the Education of Young Children Conference, Orlando, FL

'Play Well With Others' - Student Success Summit, Orlando, FL

'Activate with Rhythm!' - Starting Out Right Head Start Conference, keynote - Lakeland, FL

'Drum Circles and the Engineering Design Process' - Drum Circle Facilitators Guild Conference, Myrtle Beach, SC

2013:

'The Power of Rhythm' - Florida Educational Strategies and Engagement Conference,
Orlando, FL

'Rhythm is Everywhere' - Environmental Educators of North Carolina Conference,
Asheville, NC

'Drum Circles = Engineering Education' - World Rhythm Festival, Seattle, WA

'STEAM: Creating Connections' - Children's Engineering Conference, Richmond, VA

'SmartBoard in the Elementary Music Classroom' - Florida Music Educators Association
Conference, Tampa, FL

Memberships

Florida Elementary Music Educators Association

National Association for Music Education

Drum Circle Facilitator's Guild – chair of the 2017 DCFG conference and a member of the
Board

Winter Haven Chamber of Commerce

Awards

Disney Teacheriffic Award 2000 – 2007

Bright House Networks Star Teacher Award 2003 – 2008

National Leaders in Learning Award from Cable in the Classroom 2009

Time Warner Cable Crystal Apple Award 2001 – 2002