

DRUMBEAT.corp<sup>®</sup> is an innovative and engaging program designed to support the professional development of teams. It is based on Holyoake's evidence-based, award-winning DRUMBEAT<sup>®</sup> program which is facilitated around the world.

DRUMBEAT.corp<sup>®</sup> is facilitated in WA by Alive & Kicking Solutions who work with some of Australia's most recognised organisations to build and support their teams. Each customised session involves fun rhythm exercises to develop insights into relationship themes in the workplace. Analogies are drawn from the drum circle to prompt discussions on how the themes relate to specific incidents or behaviours in the workplace. Themes can include:

- Coping with change in the workplace
- Core values
- Collegial support
- Communication
- Perspective
- Creativity
- Motivation and passion
- Individual strengths and responsibilities
- Validation and recognition
- Power and power imbalance
- Peer pressure
- Collaboration
- Teamwork
- Problem Solving
- Leadership
- Innovation & Disruption

*"Leaders within our Communities Division recently had an opportunity to participate in a customised DRUMBEAT.corp experience. Many reported that it was one of the most enjoyable and engaging team experiences they had completed. Individuals stated that it was engaging, and inclusive – with powerful messages and learnings relating to leadership, how teams operate, effective communication, recognising group cohesion and out of sync behaviours. Our leaders greatly valued the experience."*

- Manager Planning & Performance, Rio Tinto

DRUMBEAT.corp<sup>®</sup> is ideal for small groups of up to 25 participants. We can also run workshops for larger groups with a less intensive focus and themed around teamwork and celebration.

For further Information please contact:

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